# 🏹 journey.do

### PROFESSIONAL DEVELOPMENT PROGRAM

## **A COACHES' MINDSET CHANGES EVERYTHING**

### THE COACHING JOURNEY

#### **OVERVIEW**

In this community, you will enhance your coaching skills by connecting to peer stories, growing new skills, applying what you are learning, and sharing your story to inspire others.

The process starts with a pre-game interview to set goals. You will use our app to learn and share, getting feedback from coaches. At the end, you receive a transition plan and a portfolio of your achievements.

#### **TOPICS INCLUDE:**

#### **Adopting a Coaching Mindset**

- Coach or Referee: How Do We Help People
- Change Creating a Coaching Connection •
- Coaching Toward Success

#### **Creating Plans for Success**

- Evaluating Talent, Potential, and Barriers •
- **Building a Success Plan** •
- Learning from Practice ۲

#### **Managing Important Moments**

- Managing Accountability and Discipline •
- **Celebrating Progress and Milestones** •
- **Recruiting Community Coaches and Cheerleaders** •
- Preparing for the Next League •

**Schedule a Demo** 





#### **PRE-GAME INTERVIEW**

You'll receive an individualized coaching call from the JSP coaching team to develop an investment plan for your coaching journey: Estimated time – 30 minutes

#### **GAME TIME**

Anytime, Anywhere: Complete 7-10 self-paced online modules on being a great coach to people on supervision. Earn a Coaching Cert. Estimated time to complete a module -1 hour (6 hours total)



#### **CONNECT:**

Stories from others on the platform which can be read and reacted to.



#### **GROW**:

Key learning resources (best practices, articles, videos, etc) and activities to level-up skills.



#### **APPLY:**

Prompts and opportunities to apply learnings to real world situations.



#### **INSPIRE:**

The ability to submit and publish accepted stories to inspire others.

#### COMMUNICATION

You will receive insights, feedback, and direct support from our account services team

#### **POST-GAME INTERVIEW**

A closeout meeting to review your transition plan/ portfolio: discuss what you've learned, how you've grown, and next steps to continue your success: Estimated time - 30 minutes

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